

# ATTENTION: INSTRUCTIONS TO PARISHIONERS

WELCOME BACK! BEFORE YOU ENTER THE CHURCH BUILDING, PLEASE TAKE A MOMENT TO REVIEW THE FOLLOWING INSTRUCTIONS FOR OUR PARISHIONERS.

#### Masks:

Parishioners must wear face masks while in the building. This excludes the following: anyone under the age of 2, anyone with trouble breathing, anyone incapacitated or unable to remove the mask without assistance.

### Parishioners with the following symptoms of COVID-19 should not enter the building or attend public Mass:

- Fever (feeling feverish, or a documented temperature of 100.4 degrees Fahrenheit or higher).
- Respiratory symptoms such as runny nose, nasal congestion, sore throat, cough, or shortness of breath (other than seasonal allergy symptoms).
- Whole body symptoms such as muscle aches, chills, and severe fatigue.
- Changes in your sense of taste or smell.

## Parishioners with the following risk factors for COVID-19 should not enter the building or attend public Mass:

- Close contact with someone who is suspected or confirmed to have COVID-19 in the past 14 days. (Note: Healthcare workers caring for COVID-19 patients while wearing appropriate personal protective equipment can attend.)
- Travel in the past 14 days:
  - Internationally (outside the United States).
  - o By cruise ship.
  - Domestically (within the United States) outside of New Hampshire, Vermont, or Maine, or via public transportation (bus, train, plane, etc).

#### **Sanitizing/Disinfecting Instructions to Parishioners:**

- Please use the hand sanitizer available at the church entrance.
- All ministers MUST sanitize hands before and after the liturgy.
- Immediately following Mass, all parishioners are asked to use a disinfecting wipe (available in the gathering space) to wipe down the wooden parts of the pew where they were sitting. You are welcome to bring your own disinfecting wipes if you prefer. If you are unable to wipe down your seating area, please leave your kneeler down when you leave so that we can wipe it down for you.